



WAYWELL
COUNSELING



Kelly Crutchfield

Licensed Professional Counselor Associate
Brainspotting Practitioner Level II

Supervised by Dr. Christian L. Hutcheson,
LPC-S, LMFT-S, CSAT-S, CMAT-S, CPTT-S

Compassionate, comprehensive counseling for the following concerns:

- Trauma & effects of childhood and family experiences
- Codependency, relationship stress, & boundaries
- Sex and pornography addiction
- Limerence and obsessive relationship patterns
- Anxiety and depression
- Shame and low self-worth
- Difficulty regulating emotions
- Navigating life transitions
- Compulsive and emotional eating

Contact to schedule a free 15-minute consultation

(832) 736-8181 call or text
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waywellcounseling.com